

# KS3 PSHE

Recognising signs of poor mental health

What impacts on emotional wellbeing?

Cyber security and the implications/threats



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Abuse in relationships, choices around sex & pornography

What is contraception? STIs and healthy choices in relationships, female genital mutilation (FGM)

Dealing with pressure, bullying, gambling, gangs, knife crime & hate crime



Summer Term

Rights and responsibilities - Work Law

Gender identity, stereotypes, faiths and values

Revisiting alcohol, drugs and substance misuse



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Accurate and reliable information - What is risk?

Emotional, social and physical well-being

What happens at puberty?



Spring Term

Respect, tolerance and empathy

Commitment in relationships, conception, pregnancy and birth

Positive and healthy relationships



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Alcohol, drugs and substance misuse

How different parts of the body are affected by drugs & the laws relating to use and supply of drugs

Inclusivity & diversity - Who am I?



Autumn Term

"How you make others feel about themselves, says a lot about you."  
Boonaa Mohammed

PSHE outline the school's goals, values, and desired outcomes in teaching students about personal development, relationships, health, and economic well-being. This includes promoting emotional well-being, healthy relationships, financial literacy, and other important life skills.