



Aspire Outreach Specific School Support offer – Academic Year 2026/27



The Aspire SEMH Outreach team provides support on specific school areas such as Behaviour and policy review, Physical intervention including policy review, behaviour support profiles and Positive handling plans, School environment audits, ECT training on supporting SEMH in the classroom.

Schools may feel what they need support with is not currently shown. If this is the case please get in touch with what you feel you require training with and we will see if we can work with you to develop support for this.

Key components of the support include:

Support	Overview of training
Behaviour and policy review	Support for behaviour and policy review involves providing guidance on evaluating and improving organizational policies and staff delivery of this. This includes conducting assessments, offering training sessions, creating feedback mechanisms, developing action plans, ensuring compliance with regulations, and promoting a positive workplace culture. Effective support enhances policy effectiveness and fosters a conducive work environment.
Physical intervention including policy review, behaviour support profiles and Positive handling plans	Physical intervention support includes reviewing policies to ensure these are clear and contain the clear expectations and legal information that is required. Creating behaviour support profiles which show the stage of behaviour and reasons for this. Developing, checking and providing guidance for positive handling plans. This ensures interventions are safe, respectful, and compliant with regulations. The process involves assessing individual needs, training staff, implementing de-escalation techniques, and regularly updating plans to promote safety and positive behaviour outcomes.
School environment audits	School environment audit support involves assessing various aspects of the school setting, including accessibility, sensory stimulus and inclusive This support includes identifying areas for improvement, ensuring compliance with regulations, gathering stakeholder feedback, and providing actionable recommendations to create a more effective and positive learning environment for students and staff.
ECT training on supporting SEMH in the classroom	Support for Early Career Teacher (ECT) training on Social, Emotional, and Mental Health (SEMH) includes providing strategies for managing classroom behaviour, promoting student well-being, and creating inclusive environments. Training covers identifying SEMH needs, implementing supportive interventions, using de-escalation techniques, and fostering positive relationships to enhance student engagement and learning outcomes.